WEEK 3 | NOVEMBER 2026

# I CAN THANK GOD FOR FOOD

*Manna and Quail*
*Exodus 16*




**MEMORY VERSE**

"I will give thanks to the Lord with my whole heart." Psalm 111:1 ESV




**THIS BELONGS TO**



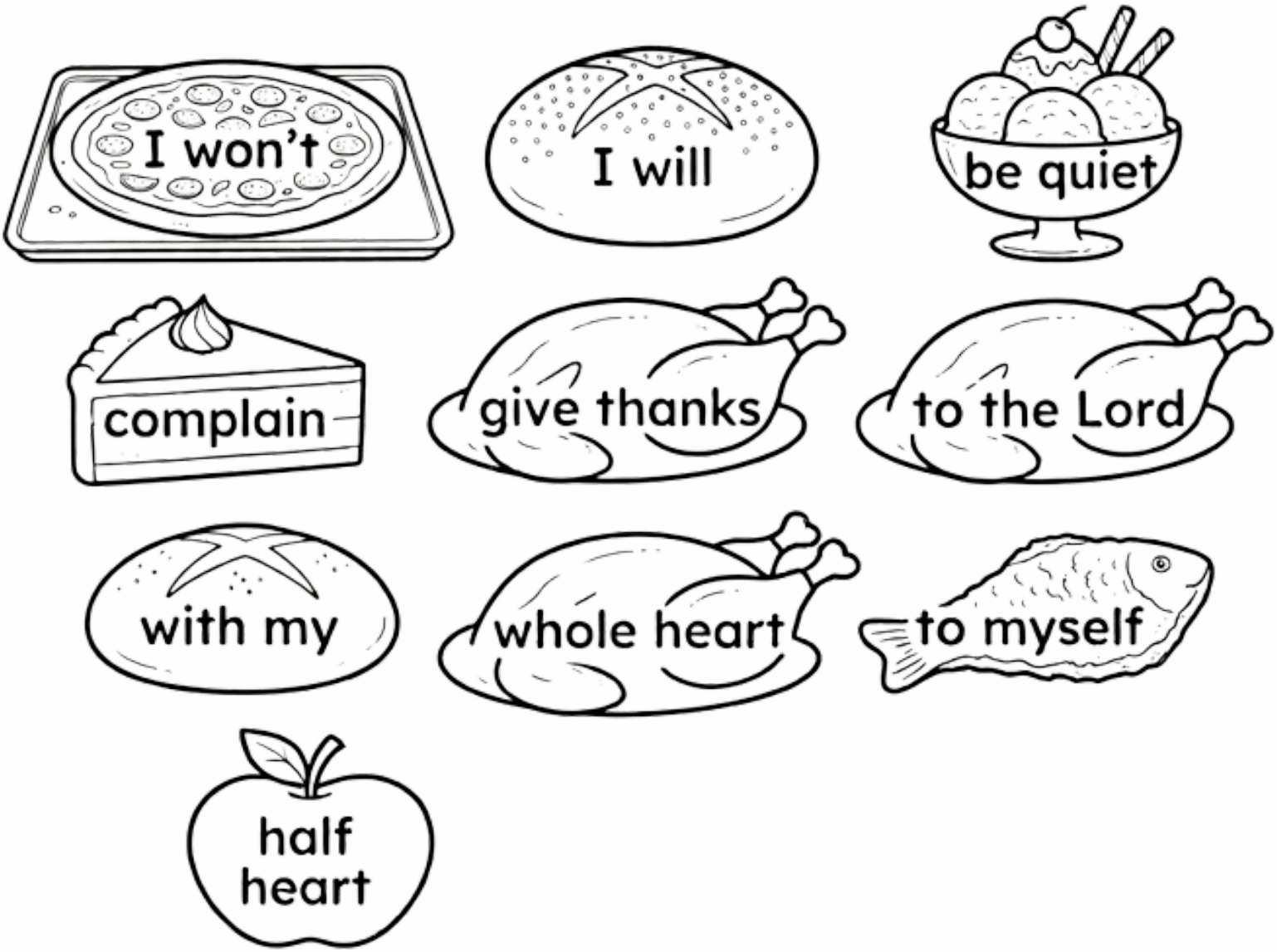


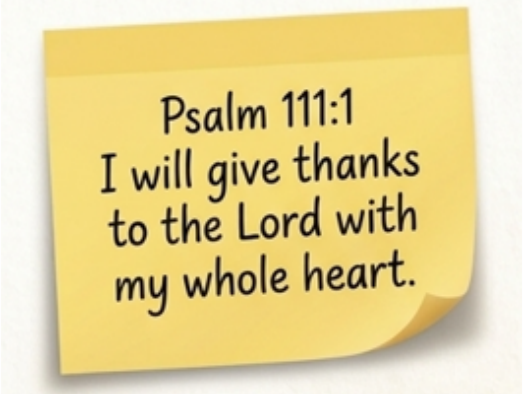
VICTORY KIDS




## Memory Verse Food

In today's Bible story, God provided food (manna and quail) for Moses and the people. Just like Moses, you can thank God for food! Our memory verse reminds us to thank God with our whole heart. Repeat the memory verse after your Small Group Leader, then colour the food with the words from the memory verse.



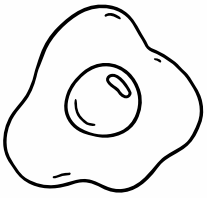



WEEK 3

# My Favourite Food

Thank God for food! Eating good food makes you strong and healthy. Colour the food below that you like to eat.
Tell your Small Group what your favourite food is!

Egg



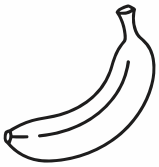
Watermelon



Pizza



Banana



Dumplings



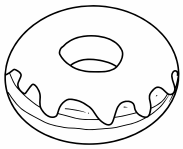
Noodles



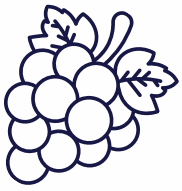
Cupcake



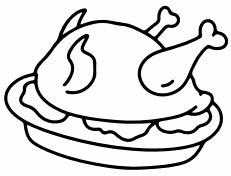
Donut



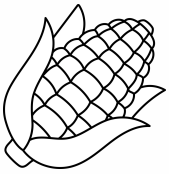
Grapes



Chicken



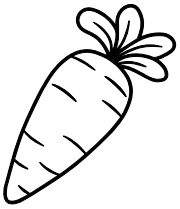
Corn



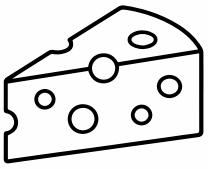
Ice cream



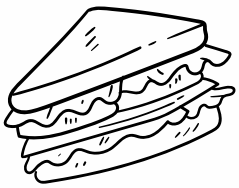
Carrot



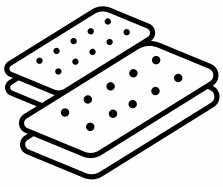
Cheese



Sandwich



Biscuit



## MIDWEEK ACTIVITY

Before you eat your meals this week, remember to thank God for your food!

VICTORY KIDS