

WEEK 2 | OCTOBER 2026

THINK BEFORE YOU SPEAK

Bible Reference:

*Choose Your Words Carefully
Proverbs 12:18*

MEMORY VERSE

"God's power has given us everything
we need to lead a godly life."
2 Peter 1:3A, NIRV

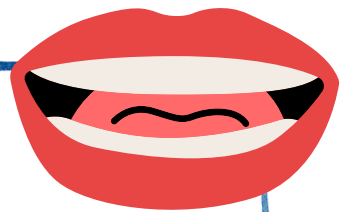


Prayer & Reflection

Part 1:

Listen as your Small Group Leader reads Proverbs 12:18 (NIRV).
After listening, arrange the words in the correct order.

of swords. wise thoughtless
people
healing.
like tongue cut
people The brings
the but of words



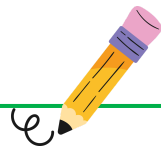
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Prayer & Reflection

Part 2:

Let's think of how we can change the negative words we often use to describe others. Share with your Small Group some examples of nicer words we can use. Write them down for future use.

An example has been done for you.

Naughty	Playful 
Noisy	
Annoying	
Proud	
Rebellious	
Always distracted	
Stubborn	
Weird	
Loner	
Ugly	

You may come up with your own examples:

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SUMMARY

You might not be comfortable with encouraging others all the time, but you can start small. Choose your words wisely! Choose to use kind words that encourage others. Remember, the Holy Spirit lives inside of you. He will give you the ability to think before you speak.

PRAYER

Dear God, thank You for reminding us to slow down and think about our choice of words. We want to use our words wisely. We know it's not always easy to respond well when we're angry or moody, but we want to bring You glory with the words we use. We love You, and we pray all these in Jesus' name. Amen.