

WEEK 2 | JUNE 2026

# JESUS CAN HELP ME CHOOSE JOY.

Acts 16:16-34



## MEMORY VERSE

"I can do everything  
through Christ, who  
gives me strength."  
Philippians 4:13, NLT



"I can



do everything



through Christ,



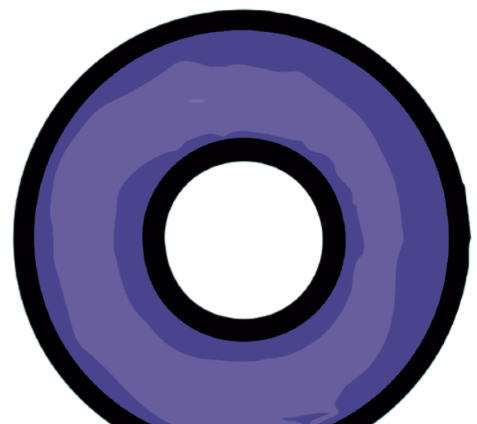
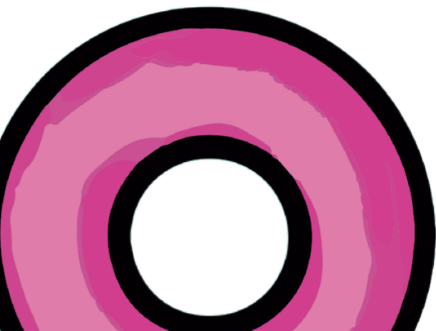
who gives me strength."



Philippians 4:13

THIS BELONGS TO

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## Choose Joy

Here are 6 ways we can respond with joy. Trace the words below each picture and circle your favourite ways to show joy!



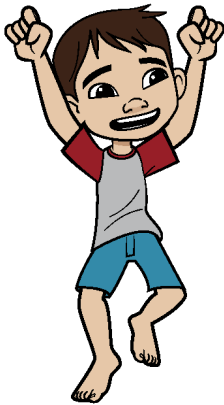
dance



clap your hands



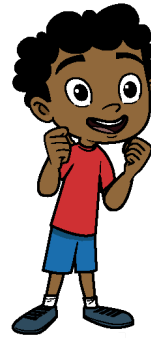
smile



jump



sing



“shout hooray!”

### Prayer

**Dear God, thank You for giving us the strength to choose joy. Help us to choose joy even when we do not feel like it. In Jesus' name we pray, Amen.**

## MIDWEEK ACTIVITY

This week, choose 1 way to show joy for each day. Paste a smiley face sticker beside each action after you've done it. Let's choose joy every day!

Jesus can help me choose joy.

