

WEEK 1 | MAY 2026

GOD IS ALWAYS WITH YOU.

Bible Reference:

The Great Commission

Matthew 28:16-20, Acts 1-2

MEMORY VERSE

“But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”

Isaiah 40:31, NIRV





Week 1

Prayer & Reflection

Part 1:

Flip your Bible to Isaiah 40:31. Read and memorise the verse. When you are done, fill in the blanks below without referring to your Bible.

But those who

In the ***will receive***

new ***they will***

and not get ***they***

will ***and not grow***

..... ○

***Isaiah 40:31,
NIRV***



ANSWER SHEET

But those who **TRUST**

In the **LORD** *will receive*

new **STRENGTH** *they will* **FLY**

and not get **TIRED** *they*

will **WALK** *and not grow*

WEAK

*Isaiah 40:31,
NIRV*

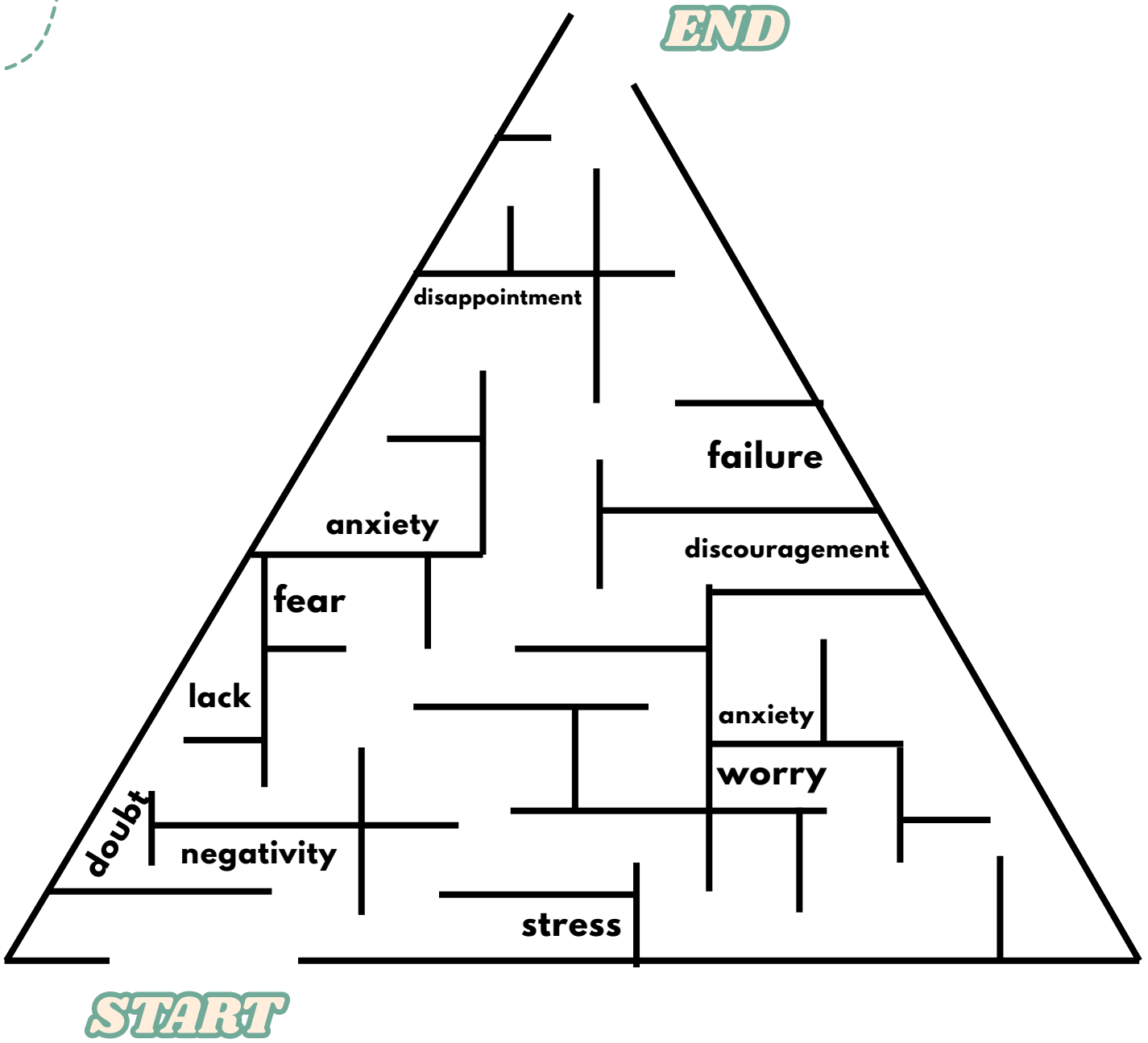


Week 1

Prayer & Reflection

Part 2:

Find your way through the maze from start to end. Don't give up even when it's hard!.



Summary

Even when we face difficult tasks, God is with us from start to end. He will give us resilience to complete what we need to do.

Prayer

Dear God, when I feel overwhelmed and burdened by difficult things, help me to remember that You are always with me. Give me resilience to keep going. In Jesus' name I pray, Amen.