

A Devotional About Building Confidence

Read: Esther 4:14 NlrV

DAY
1

Brave Queen

Queen Esther realized there was a problem; God's people needed help. She decided to do something for God's people, and she needed to talk to the king about it!

Color in the crown, then write the name of one person you can help this week on the crown.



LOOK for people to help!

DAY
2

Right Place, Right Time

Esther heard Haman's terrible plan to hurt God's people. She felt scared, but she remembered God made her queen for a reason. Esther was reminded by Mordecai that she was in the right place to help! Sometimes you are in the right place too, on the playground or at lunch. When a friend is teased, speak up: "Hey, let's be kind!" God will give you words and courage when it's time to stand up.

KNOW that God gives you courage!

DAY
3

Helping Hands

Before visiting the king, Esther asked everyone to pray for three days. God gave Esther courage, and Esther stood up for God's people. When someone needs help, ask God first, then use your hands and words to act. God loves when you help others.

With a grown-up, trace each family hand on paper. Inside each hand, write one way you can help someone this week: share toys or invite someone lonely to play. Tape the hands on the fridge as reminders to stand up for others!

ASK God for courage to help someone!

DAY
4

Saved Stories

After Esther spoke to the king, the king saved God's people! God helped Esther stand tall for others, and God can help you. When a kid feels lonely or someone is bullied, remember Esther. You're never too small, because God stands with you.

THANK God always!

"Dear God, thank You for helping Esther protect Your people. Help me notice anyone who also needs help. Give me brave words and a kind heart. I trust You and thank You for always being with me. I love You, Amen."