

Uniqueness is learning more about yourself so you can make a difference.

Read: Psalm 139:2



DAY

1

I Am

Stand in front of a mirror and look at yourself. Wow! You look awesome! Think about the ways that God has made you amazing. While standing in the mirror, say out loud several "I am" sentences describing how great God made you. For example: "I am kind." "I am a good friend."

KNOW that God created you, knows you, and loves you just the way you are.

DAY

3

Here, There, Everywhere

The writer of Psalm 139:2 tells us how God always sees us and cares for us. Read this week's verse with someone in your house. Talk about all the places that you go and how God is always there.

LOOK for God in everything you do and everywhere you go.

DAY

2

Picture Perfect

Draw a self-portrait. Add all the special details that God added to make you unique. When finished, take your drawing around to your family and ask them to write out something that they love about you on the paper. Use this to remind yourself how loved you are.

ASK God to help you see yourself like others see you.

DAY

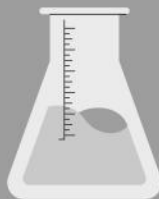
4

Made, Known, Loved

Pray this prayer out loud:

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 "God, it is comforting that you know me so well. You know everything about me—You did even before I was born! Thank you for making me, knowing me, and loving me always. Help me to learn more about You too. I love You. Amen."  
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THANK God for always loving you!



God made you,
 knows you,
 and loves you.