

WEEK 4 | OCT 2024

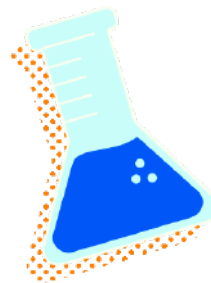


KNOW WHEN TO STOP

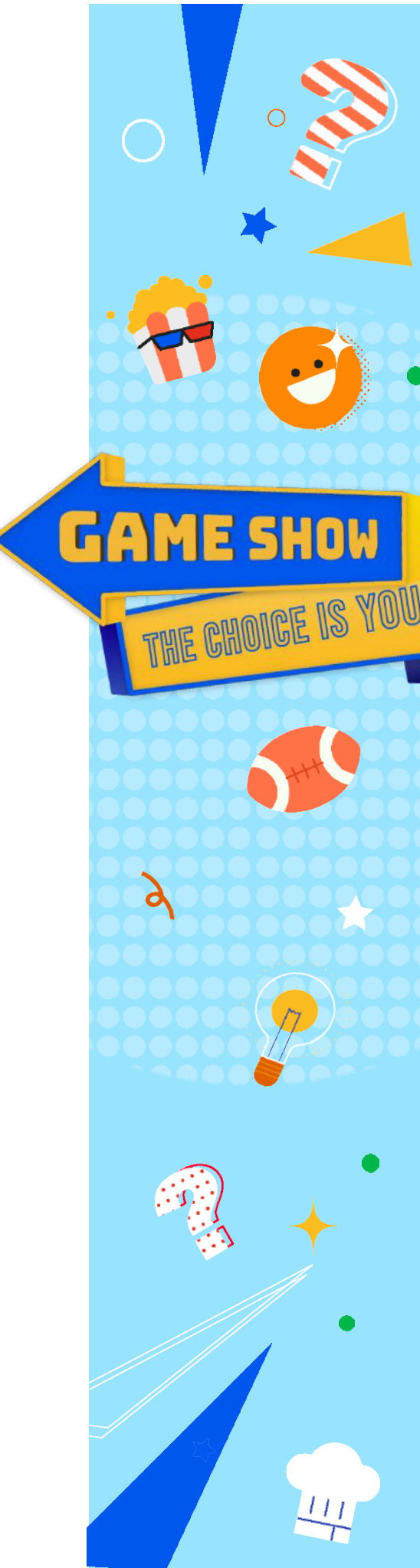
Bible Reference: Proverbs 25:16

MEMORY VERSE

“God’s power has given us everything we need to lead a godly life.” 2 Peter 1:3A (NIRV)



THIS FOLDER BELONGS TO





PART 1

Have you heard of the saying "Too much of a good thing can be bad"? Whether it's playing games, eating sweets or watching TV, too much of anything might result in bad consequences. Read Proverbs 25:16 with your Small Group. When you are done, do the "pour water" challenge with your Small Group.

Let's play a game

We're going to take turns pouring water into the large cup provided. You can pour as much as your want, or as little as you want, but the last person who pours and makes the water overflow will lose the game.



PART 2

Let's think of some things we like to indulge in, and the reason why it's difficult to stop. For example, watching Netflix/Disneyplus, eating ice cream, etc. Write these down in the space below.

PART 3

Turn to 2 Timothy 1:7 and read it together with your Small Group.

God has given us the gift of self-control to help us make wise choices and live balanced lives. He is always there to guide us, so let's turn to Him for strength and wisdom to know when to stop.

Let's Pray
Dear God, thank You for giving us a spirit of power, love and self-control. Help us remember to practice self-control. When we enjoy good things, teach us to find the right balance. In Jesus' name we pray, Amen.