

WEEK 3 | OCT 2024

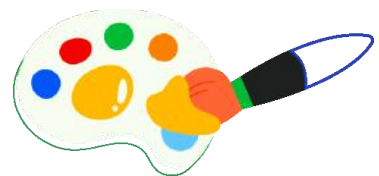
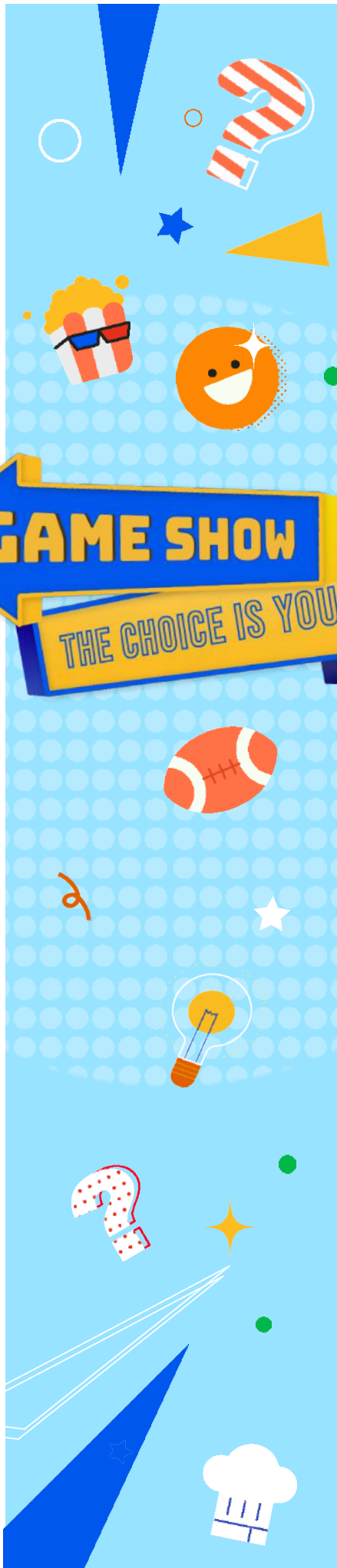


THINK BEFORE YOU ACT

Bible Reference: 1 Samuel 28

MEMORY VERSE

“God’s power has given us everything we need to lead a godly life.” 2 Peter 1:3A (NIRV)



THIS FOLDER BELONGS TO





PART 1

Let's dive deeper into thinking before we act! Let's take a look at some scenarios we may encounter in our lives. Circle the options that show you what thinking before you act is like. Let's discuss in your Small Group and answer the questions below.

Scenario #1 Including Someone New in a Game

Example: While playing with your friends during recess, you see someone who is alone.

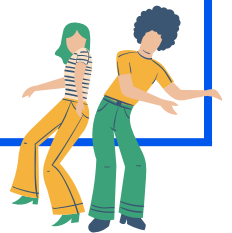
- Ignore the lonely person and continue playing with your friends. Someone else can invite that person.
- Quickly invite the new person to join without considering how he/she might feel.
- Pause and observe the new person for a while. Assess his/her interest in joining. Consider your friends' readiness to accept a new person before inviting the new person to join.



Scenario #2 Following a Trend in School

Everyone at school is doing a TikTok video challenge that is trending. You want to join in the hype. However, you are not sure if it is safe.

- Join the trend without checking if it's safe or appropriate because it's popular.
- Evaluate if the trend is safe, kind, and aligns with your values and what you're comfortable with.
- Assume that since everyone is participating, it must be ok to join.



Scenario #3 Choosing a Gift for a Friend

You want to buy a birthday gift for a friend.

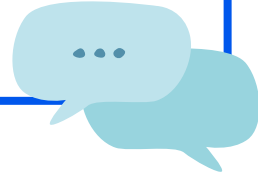
- Buy something that is trendy, regardless of your friend's interests or how expensive it is.
- Consider what your friend likes, his/her hobbies, or something they've mentioned wanting before.
- Choose a gift that you would like and assume that your friend will like it too.



Scenario #4 Speaking Out in Class

- You're excited to answer a question in class and want to shout out the answer.

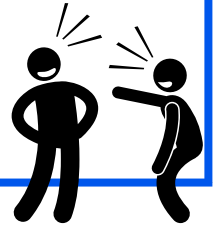
- Shout out your answer immediately without waiting to be called.
- Call the teacher out loudly and ask if you can speak, without raising your hand.
- Pause and think about the classroom rules regarding speaking out. Exercise patience.



Scenario #5: Reacting to Teasing or Jokes

Someone makes a joke about you, and your first instinct is to snap back or start a fight.

- Respond calmly and walk away from the situation if it helps. This shows maturity and prevents things from escalating.
- Retaliate with a sharp comment or start an argument to defend yourself.
- Pretend you did not hear the joke, ignore the person entirely and avoid dealing with it.



Scenario #6: Speaking Up for What's Right

You witness someone being bullied.

- Before stepping in, you think about the best way to stand up for them. Think about whether it's urgent and require you to ask the bully to stop. If so, speak calmly. If not, seek help from a teacher or another adult.
- Shout at the bully to stop, creating a scene in the process to get attention.
- Mind your own business, avoid any action and walk away as fast as possible..



PART 2

There is an object which we see frequently that reminds us to think before we act. It's the traffic light! It tells us to stop (red), look and think if we should proceed (yellow) and go (green). Here are some questions you can ask yourself when you are thinking before you act.

STOP!

Is this the right time to act, or should I wait first?

THINK!

What could happen if I choose to do this?

GO!

Is this the best choice that I can confidently move forward with?



Hang this traffic light somewhere visible in your room, to remind you to think before you act!



In today's Bible story, David chose to spare Saul's life despite having the chance to kill him, demonstrating kindness and respect over anger. This teaches us that thoughtful actions, even in challenging situations, can lead to better outcomes.



Prayer:

Dear God, help me to pause and think before I act, so I can make the best decisions. Guide me to show kindness and make choices that please You. Remind me that Your power enables me to live the way You want me to.

Thank You for being with me and helping me grow every day. In Jesus' name I pray, Amen.