

11TH FEBRUARY 2024

Overview of Today's Lesson

THEME

Gear Up

BOTTOM LINE

Be kind to the people closest to you

BIBLE REFERENCE

Ruth and Naomi

Ruth 1-2

MEMORY VERSE

"You are God's chosen people,
you are holy and dearly loved. So,
put on tender mercy and
kindness as if they were your
clothes. Don't be proud. Be
gentle and patient."

Colossians 3:12 NIRV

Programme Breakdown

1. Introduction
2. Praise and Worship
3. Lesson Video
4. Activity Pages

Activity Pages you need:

1. Prayer and Reflection

Materials you need:

1. Pencil / Pen

Prayer and Reflection

February Week 2

Sometimes, we might take for granted those who are closest to us. We may forget to thank them, or expect them to do things for us without asking nicely. Think about the people who are close to you. When was the last time you showed kindness to them? Here are a few ways you can show kindness to your loved ones. Choose and circle 3 ways you would like to show love this week. Share with your Small Group why you chose these 3 ways to love those who are close to you.

WAYS TO SHOW KINDNESS:



Make your own bed so your parents don't have to remind you to



Write your loved ones a card on their birthday



Get your loved ones a drink when they come back from work/school



Plan a family outing (e.g. a picnic at the park)



Volunteer to do some of the household chores



Accompany your parents to run an errand



Say something kind to your loved ones even when there's no special reason/occasion



Help your sibling with a task/homework he/she needs to complete



Say thank you sincerely when your loved ones does something for you

We like it when others treat us kindly, so let us treat others with kindness! Remember to treat those closest to you with kindness too. Do not take them for granted!

LET'S PRAY!

Dear Jesus, thank You for giving me family and friends that love me. Teach me how to be kind to my loved ones. Holy Spirit, remind me when I forget. I want to be kind to others just as You have been kind to me. In Jesus' name I pray, Amen.