

19TH NOVEMBER 2023

## Overview of Today's Lesson

### THEME

God loves me

### BOTTOM LINE

I can thank God for food

### BIBLE REFERENCE

Manna and Quail  
Exodus 16

### MEMORY VERSE

"Always give thanks to God for everything." Ephesians 5:20 (ICB)

## Programme Breakdown

1. Introduction
2. Praise and Worship
3. Lesson Video
4. Activities

## Activity Pages you need:

1. Find the Manna
2. Food Memory Verse (Midweek Activity)
3. Memory Verse with Hand Motions

## Materials you need:

1. Pencil
2. Colour Pencils / Crayons

# Find The Manna

November Week 3

In today's Bible story, God provided Manna for the Israelites to eat!  
Find and circle all the Manna  you can find in the picture below.



**I can thank God for food !**

# Food Memory Verse

November Week 3

Complete the memory verse below by filling in the correct letters.



a = 

e = 

i = 


o = 

u = 


     l w      y s  
 

g      v       
 

t h      n k s  


t       


G      d  


f      r  


     v      r y t h      n g .  
  

     p h      s           n s 5:20  
   

## MIDWEEK ACTIVITY

This week, pray and thank God for your food before every meal. Say this memory verse with hand actions to remind yourself to thank God for food!

# Food Memory Verse

November Week 3

Complete the memory verse below by filling in the correct letters.



a = 

e = 

i = 


o = 

u = 


 **l w**  **y s**

**g**  **v** 

**th**  **nks**

**t** 

**G**  **d**

**f**  **r**

 **v**  **ryth**  **ng.**

 **ph**  **s**   **ns 5:20**

## MIDWEEK ACTIVITY

This week, pray and thank God for your food before every meal. Say this memory verse with hand actions to remind yourself to thank God for food!



# NOVEMBER 2023

## Memory Verse Motions



"Always



give thanks



to God."



Ephesians 5:20

