



DISCUSSION GUIDE

MODULE 1 – Week 1 & 2 Discussion Guide

Connection

- How has Growth Track been for you so far?
- What are some things you are hoping to grow in throughout the course of Growth Track?

Background

1. Lesson 1 covered the nature and attributes of God, focusing on what they should mean for our lives.
2. Lesson 2 covered the fall of man and why we have a great need for repentance and the forgiveness of our sins.

Key Scriptures

...You have been chosen to know me, believe in me, and understand that I alone am God. There is no other God—there never has been, and there never will be.

Isaiah 43:10

*Seek the Lord while you can find him. Call on him now while he is near. Let the wicked change their ways and banish the very thought of doing wrong. Let them turn to the Lord that he may have mercy on them. Yes, turn to our God, for he will forgive generously. **Isaiah 55:6-7***

Discussion Questions

1. What are 1-2 attributes of God that you can recall?
 - a. Why is that attribute of God important to you?
 - b. How did you feel they would impact your life?
2. During the lesson about the consequences of sin, were you able to identify any areas in your life that you might need to repent?

Discipler's Checklist

- Follow up on disciple's daily devotion time and encourage him/her to continue with it daily





DISCUSSION GUIDE

MODULE 1 – Week 3 & 4 Discussion Guide

Connection

- What is something you have learnt about God in the past week?
How did that impact you?

Background

1. Lesson 3 covered Jesus' work of redemption, and how we can be confident in our salvation.
2. Lesson 4 covered the need for God's people to be pure, and how we can remain holy.

Key Scriptures

*For everyone has sinned; we all fall short of God's glorious standard. Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins. For God presented Jesus as the sacrifice for sin. People are made right with God when they believe that Jesus sacrificed his life, shedding his blood. **Romans 3:23-25a***

*Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy. **Ephesians 4:21-24***

Discussion Questions

1. Do you feel confident in your salvation?
 - a. Why or why not?
 - b. Remind disciple that salvation is not by their own works; we are only saved through our faith in Jesus.
2. Have you previously faced a situation in which you felt you wanted to respond in a way that God didn't want you to?
 - a. How did you react in the end?
 - b. Discuss how we can choose to walk in God's ways even when it's hard to.

Discipler's Checklist

- Follow up on disciple's experience of joining a Connect Group
- Follow up on disciple's experience of attending Sunday service and invite him/her to help out in simple tasks





DISCUSSION GUIDE

MODULE 1 – Week 5 & 6 Discussion Guide

Connection

- What is something challenging you have been facing lately?
- What is something you are thankful for this week?

Background

1. Lesson 5 covered the power of our testimony and guided participants in writing their own testimony.
2. Lesson 6 covered the biblical basis of water baptism and encouraged participants to be baptised if they haven't already been.

Key Scriptures

*We cannot stop telling about everything we have seen and heard. **Acts 4:20***

*And then he told them, "Go into all the world and preach the Good News to everyone. Anyone who believes and is baptised will be saved. But anyone who refuses to believe will be condemned. **Mark 16:15-16***

Discussion Questions

1. Who would be someone you would want to share your testimony with? Plan together how and when the testimony can be shared.
2. What are some challenges you foresee in getting water baptised?
 - a. Despite these challenges, why do we still choose to be water baptised?
 - b. Discuss how we can overcome the challenges faced.
3. Who are some people you would want to invite to your baptism? What do you think would be the impact on those who witness your baptism?

Discipler's Checklist

- Listen to disciple's testimony and provide guidance to make it more effective in directing glory to Jesus
- Guide disciple in his/her decision to be water baptised





DISCUSSION GUIDE

MODULE 2 - Week 1 & 2 Discussion Guide

Connection

- How has Growth Track been for you so far?
- In the first week, you shared that you would like to grow in certain areas. How has it been so far?

Background

1. Lesson 1 covered the victory we have in Christ, and how we can overcome temptation.
2. Lesson 2 covered the importance of receiving the baptism of the Holy Spirit.

Key Scriptures

*But thank God! He has made us his captives and continues to lead us along in Christ's triumphal procession. **2 Corinthians 2:14a***

*And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven. **Luke 24:49***

Discussion Questions

1. After hearing the lesson about the victory we have in Christ, what are some areas in which you feel you may need victory in?
 - a. What are some practical ways we can start living victoriously in these areas of our lives?
 - b. How can I help you as your discipler to live victoriously?
2. What are some ways we can continue to hunger for the Holy Spirit in our lives?

Discipler's Checklist

- Challenge disciple to overcome the temptations he/she might face
- Pray for disciple if he/she has not received the baptism of the Spirit with the evidence of speaking in tongues





DISCUSSION GUIDE

MODULE 2 - Week 3 & 4 Discussion Guide

Connection

- Follow up with last week's discussion on specific areas your disciple feels he/she needs victory in.
- Discuss practical steps on how to overcome specific challenges faced.

Background

1. Lesson 3 covered the importance of living by faith and looking toward the hope we have in Christ's return.
2. Lesson 4 covered the authority believers have to receive healing and pray for others to be healed in Jesus' name.

Key Scriptures

*Faith shows the reality of what we hope for; it is the evidence of things we cannot see. **Hebrews 11:1***

*He forgives all my sins and heals all my diseases. **Psalms 103:3***

Discussion Questions

1. How does knowing about Christ's return make a difference in the way we should live in the present?
2. What are some miracles you can begin to pray and believe God for?

Discipler's Checklist

- Evaluate with disciple what fruits of the Spirit he/she needs to develop and make a plan to develop those fruits
- Encourage disciple to keep a prayer list and pray together with him/her regarding the miracles he/she is believing for





DISCUSSION GUIDE

MODULE 2 - Week 5 & 6 Discussion Guide

Connection

- Check in on what the most impactful moments/lessons were for your disciple in their Growth Track journey so far.

Background

1. Lesson 5 covered the influence that we have as witnesses for Christ, and how we can be effective witnesses.
2. Lesson 6 covered the importance of being a part of the church community, and how we can contribute to the local body of believers. Lesson 6 also covered the significance of Holy Communion.

Key Scriptures

*But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth. **Acts 1:8***

*All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. **Acts 2:42***

Discussion Questions

1. What are some areas in our lives that we may need to change so we can be better witnesses for Christ?
2. What is one way you would like to start contributing to the local church?
 - Look through vfc.org/serve (and/or the edge.org/serve, for youths) together and briefly introduce each ministry.

Discipler's Checklist

- Evaluate with disciple if there are areas in his/her life that can be a better testimony for God
- Encourage disciple to register to join a team on vfc.org/serve (for youth, they can also serve in TheEDGE via theedge.org/serve)





DISCUSSION GUIDE

BETWEEN MODULES DISCUSSION GUIDE

This guide is meant to provide guidance for the gap of time in between your disciple taking Growth Track Modules 1 & 2 and Modules 3 & 4. This pause can help make Growth Track manageable, and give time for him/her to get accustomed to serving and attending Connect Group and services. The discipler's checklist below can be covered one at a time over this gap of time.

Instructions

1. Arrange to continue regular meet-ups with your disciple every two weeks.
2. Start a 21-day devotional plan together.
 - Using the YouVersion app, search for "VFCSG".
 - Pick one of the 21-day devotional plans.
 - After clicking "Start Plan", choose to read the plan "With Friends".
 - After selecting the date to begin the plan, you can invite your disciple to read the plan together.
 - Encourage your disciple to develop the habit of reading the Bible and praying daily through this plan.
3. After completing the devotional plan, read a chapter of the Gospel of Luke and the book of Acts each day with your disciple.
 - These books of the Bible would prepare your disciple for the lessons in Modules 3 & 4.
 - Prioritise building a habit of reading the Word and prayer above the amount your disciple is able to read each day.
 - Don't chase your disciple to accomplish each day's reading, but encourage him/her to take ownership of seeking God daily.
4. Encourage your disciple to join a Serve Team to start investing his/her time in the church. The Ushering team would be a great place to start!
5. Bring your disciple out for Street Evangelism once a month and model how to win someone to Christ.





DISCUSSION GUIDE

BETWEEN MODULES DISCUSSION GUIDE

Discipler's Checklist

- Follow up on disciple's devotion time and encourage him/her to increase in either quantity or quality of the time spent with God
- Evaluate disciple's communion with God by asking what God has been speaking to him/her
- Evaluate disciple's obedience in building habits that encourage his/her pursuit of God
- Follow up on disciple's water baptism (if he/she has not already been water baptised)
- Follow up on disciple's activity in witnessing and praying for the lost
- Follow up on disciple's experience serving on a team





DISCUSSION GUIDE

SUGGESTED WEEK-BY-WEEK BREAKDOWN

WEEK	SESSION FOCUS
1-2	<ul style="list-style-type: none">• Arrange a regular day and time to meet every two weeks for the next quarter.• Suggest a Serve Team for your disciple to join.• Start a 21-day devotional plan together.<input type="checkbox"/> Follow up on disciple's water baptism (if he/she has not already been water baptised).
3-4	<ul style="list-style-type: none">• Follow up on disciple joining a Serve Team.<input type="checkbox"/> Follow up on disciple's devotion time and encourage him/her to increase in either quantity or quality of the time spent with God.
5-6	<ul style="list-style-type: none">• Start reading the Gospel of Luke together.<input type="checkbox"/> Evaluate disciple's communion with God by asking what God has been speaking to him/her.
7-8	<ul style="list-style-type: none">• Follow up on your disciple's reading of the Gospel of Luke.<input type="checkbox"/> Evaluate disciple's obedience in building habits that encourage his/her pursuit of God.
9-10	<ul style="list-style-type: none">• If your disciple has completed the Gospel of Luke, start reading the book of Acts together.• Remind your disciple to register for Growth Track Modules 3 & 4.• Arrange a day to bring your disciple out for Street Evangelism and model how to win someone to Christ.<input type="checkbox"/> Follow up on disciple's activity in witnessing and praying for the lost.
11-12	<ul style="list-style-type: none">• Follow up on your disciple's reading of the Gospel of Luke and/or the book of Acts.<input type="checkbox"/> Follow up on disciple's experience serving on a team.





DISCUSSION GUIDE

MODULE 3 - Week 1 & 2 Discussion Guide

Connection

- What is something you are hoping for in this coming season as we commence Growth Track Modules 3 and 4?

Background

1. Lesson 1 covered the importance of having daily times of prayer and Bible reading, as well as a simple method of personal Bible study.
2. Lesson 2 introduced God's Word and the vital role it plays in our walk with God.

Key Scriptures

*Give us this day our daily bread. **Matthew 6:11***

*For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. **Hebrews 4:12***

Discussion Questions

1. What are some challenges you face with having a daily time of devotions?
 - How do you usually overcome these challenges?
2. Look through the student's notes. Which one of the characteristics of God's Word surprised you, and why?

Discipler's Checklist

- Follow up on disciple's daily devotions and encourage him/her to seek to hear God's voice daily





DISCUSSION GUIDE

MODULE 3 - Week 3 & 4 Discussion Guide

Connection

- What has God been speaking to you about lately?
- Follow up with last week's discussion on challenges faced with having a daily time of devotions.

Background

1. Lesson 3 covered in-depth principles on how to study a passage of the Bible effectively.
2. Lesson 4 introduced the practice of prayer and its role in the lives of believers.

Key Scriptures

*All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. **2 Timothy 3:16***

*Ask me and I will tell you remarkable secrets you do not know about things to come. **Jeremiah 33:3***

Discussion Questions

1. Discuss the activity that was done studying Matthew 6:25-34.
What are some applications from the passage that we should take away?
2. Which obstacle to prayer do you feel you relate with the most?

Discipler's Checklist

- Evaluate disciple's basic Bible study skills
- Guide disciple in overcoming obstacles to habits of prayer





DISCUSSION GUIDE

MODULE 3 - Week 5 & 6 Discussion Guide

Connection

- What is something you are praying and believing for?

Background

1. Lesson 5 taught students how to pray with a simple structure that Christ taught: the Lord's prayer.
2. Lesson 6 covered the principles of intercession and using the Word as a spiritual weapon in prayer.

Key Scriptures

*Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. **Matthew 6:9-13***

*The earnest prayer of a righteous person has great power and produces wonderful results. **James 5:16b***

Discussion Questions

1. Run through the Lord's prayer together. While following a format is helpful, prayer is primarily relational. Discuss how we can keep our prayer habits focused on our relationship with God while following the principles given in the Lord's prayer.
2. Who are the people you are interceding for and how are you making time to do so? Share some useful Bible verses to claim in prayer as well.

Discipler's Checklist

- Guide disciple in relating with God through prayer and fasting
- Invite disciple to attend prayer meeting with you





DISCUSSION GUIDE

MODULE 4 - Week 1 & 2 Discussion Guide

Connection

- Have you ever shared the Gospel with anyone before?
- What are some strengths you see in yourself, or strengths that others see in you?

Background

1. Lesson 1 outlined the Gospel and a basic framework for witnessing to others.
2. Lesson 2 covered the importance of contributing to the body of Christ and the ways that we can do so.

Key Scriptures

*But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.” **Acts 1:8***

*God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another. **1 Peter 4:10***

Discussion Questions

1. Have your disciple demonstrate the principles for sharing the Gospel by witnessing to you. Guide him/her to improve and pray for someone your disciple can share with, in the coming week.
2. Evaluate your disciple's natural and spiritual gifts. What would be other ways he/she could invest in the body of Christ?

Discipler's Checklist

- Observe how disciple witnesses to a pre-believer and provide feedback on how he/she could improve
- Help disciple to identify gifts he/she can grow in order to build the body of Christ





DISCUSSION GUIDE

MODULE 4 - Week 3 & 4 Discussion Guide

Connection

- What is something you are praying and believing for?

Background

1. Lesson 3 covered the importance of tithing and generosity in God's kingdom.
2. Lesson 4 introduced the call and characteristics of a disciple maker.

Key Scriptures

*For God is the one who provides seed for the farmer and then bread to eat. In the same way, he will provide and increase your resources and then produce a great harvest of generosity in you. Yes, you will be enriched in every way so that you can always be generous. And when we take your gifts to those who need them, they will thank God. **2 Corinthians 9:10-11***

*Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age." **Matthew 28:19-20***

Discussion Questions

1. Do you face any challenges in tithing or giving to God? What are some ways that we can grow our generosity in giving?
2. Growing in maturity often means learning to give to serve others. What are some challenges you face in stepping out to disciple others?

Discipler's Checklist

- Guide disciple to pay tithes and make a Missions Faith Pledge
- Help disciple to identify who he/she can pray toward salvation and discipleship





DISCUSSION GUIDE

MODULE 4 - Week 5 & 6 Discussion Guide

Connection

- What are some things you enjoyed throughout this discipleship journey?
- How would this discipleship journey shape what you would like to do for your own disciples in the future?

Background

1. Lesson 5 covered the needs of a new disciple and how we can guide them to grow in VFC.
2. Lesson 6 introduced the promise of multiplication and how we can multiply through our Connect Groups.

Key Scriptures

*You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others. **2 Timothy 2:2***

I will make you into a great nation. I will bless you and make you famous, and you will be a blessing to others. I will bless those who bless you and curse those who treat you with contempt. All the families on earth will be blessed through you.

Genesis 12:2-3

Discussion Questions

1. Do you relate to the needs of a new disciple? What are some characteristics you would prioritise portraying toward your own disciple?
2. What are some ways you can begin to contribute in your own Connect Group to help it multiply?

Discipler's Checklist

- Guide disciple to make a disciple by starting Next Step with a new believer
- Encourage disciple to prioritise the Kingdom in his/her decisions
- Encourage disciple to contribute time and energy to his/her Connect Group
- Guide disciple in signing up for a LIW Class for the coming quarter

