

25TH SEPTEMBER 2022

Overview of Today's Lesson

THEME

Trust: Putting your confidence in someone you can depend on

BOTTOM LINE

You can trust God when you're worried.

BIBLE REFERENCE

Genesis 31:3; 32:3-32; 33:1-17

MEMORY VERSE

"Trust in the Lord with all your heart. Do not depend on your own understanding."

Proverbs 3:5, NIRV

Programme Breakdown

1. Introduction
2. Praise and Worship
3. Lesson Video
4. Activity Pages

Activity Pages you need:

1. Prayer and Reflection

Materials you need:

1. Pencil / Pen

Prayer and Reflection

September Week 4

How you feel does not change who God is and what He can do for you. Memorise this month's memory verse so that you will not forget to trust in God! Fill in the blanks with the missing words, then recite the verse with your eyes closed in your Small Group.

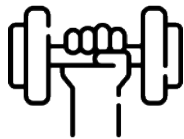
_____ in the _____ with all your _____.

Do not _____ on your own _____.



Proverbs ____ : ____

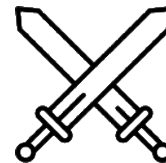
When you are scared or worried, think about who God is! Read the following verses and fill in the blanks.



Psalm 73:26
God is my _____



Psalm 18:2
God is my _____



2 Corinthians 1:3-4
God _____ me



God shows His love to the entire world, not just your country! Isn't that awesome? We have a big God with the biggest heart!

LET'S PRAY!

Dear God, thank You for being my strength, protector and comforter. Help me to remember who You are whenever I am feeling anxious or troubled. I know You are always there for me. In Jesus name I pray, Amen.