

Growth Track

Module 1: What Do I Believe

Student's Notes

Lesson Four - New Life

Key Takeaway

We can live in a brand new way because of Jesus.

Introduction

1. God saved us so that we can live in a relationship with Him.
2. As we respond to Jesus' work on the cross for us, God gives us a new and pure nature that wants to trust and please Him.
3. Although we still make mistakes, God wants us to continuously allow Him to help us walk in holiness!

Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy. [Ephesians 4:21-24](#)

For this is the will of God, your sanctification... [1 Thessalonians 4:3 \(ESV\)](#)

I. SANCTIFICATION

Sanctification is a process of being separated from sin to obey God and become more like Christ.

God is the source of our sanctification (Jude 1, Hebrews 13:12, 1 Corinthians 6:11).

God wants us to live out the new nature that Christ gives to us.

Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. [Colossians 3:12](#)

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The goal of sanctification is to become like Christ.

II. THE PROCESS OF SANCTIFICATION

God sanctifies us with His Word (John 17:17).

God sanctifies us as we dwell in community with other believers.

1. Through prayer and worship
2. Through preaching of the Word
3. Through fellowship with other believers

We grow in sanctification as we yield to the leading of the Holy Spirit instead of giving in to our sinful nature.

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. Galatians 5:24-25

III. PROOFS OF THE NEW LIFE

We have new perspectives and attitudes as the Holy Spirit works in our lives (Galatians 5:22-23).

We become more conformed to the image of Christ.

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We experience abundant life in Christ (1 Peter 5:7; Philippians 4:13).

Conclusion

1. God wants us to live in freedom from sin and walk in holiness!
2. Walking in holiness is a process for each one of us.
3. Be patient with yourself, and allow the Holy Spirit to lead you step by step.