

MAXIMIZING A DISCIPLESHIP SESSION

- Discipling is an important part of seeing a new believer become rooted in his/her relationship with God.
- Besides imparting the lesson, a discipleship session should also build your relationship with your disciple.
- An effective discipleship session should move your disciple to the next level in his/her relationship with God through relating with you.

1. MAKE GENUINE CONNECTIONS

- Allow your disciple to share how his/her week has been.
 - Take note of the things that he/she has shared.
 - Pray for the needs or things that he/she had shared.
- Check how his/her work/school has been.
- Ask if he/she has any questions regarding salvation or the previous session.
 - Make time in the sessions to go through his/her questions or share specific topics which will help him/her grow as a Christian and know God better.

2. MAKE THE LESSON PRACTICAL

- Elaborate based on the main points.
 - Try not to go through the lesson simply reading off the sub-points.
 - New disciples may not be used to a lesson format if it is not conversational.
 - If possible, try to remember the main points or write them out as a summary.
- Help your disciple relate with the lesson.
 - Share your personal experiences with each main point.
 - This will help your disciple relate with you better.
- Make your disciple's life part of the session.
 - Follow up on previous problems or prayer needs shared by your disciple.
 - Remembering their needs shows your concern for them.
- End every session with prayer.

3. MAKE INTENTIONAL EFFORT FOR GROWTH

- Emphasise that our lifestyle needs to change according to what we learn from God's Word.
- Encourage your disciple to be connected to a Connect Group (CG) regularly.
 - A close community of believers will help us to grow.
 - Accompany your disciple to his/her CG if necessary to help get him/her connected.
- Explore ways for your disciple to be part of serving in your location.
 - Highlight the teams your disciple can see in action every Sunday.
 - Encourage your disciple to serve too.
 - He/her would also have more opportunities to meet other believers in the church.