

18th October 2020

Overview of Today's Lesson

THEME

Drop the Act: Be truthful
in what you say and do.

BOTTOM LINE

When you're not
truthful, you lose trust.

BIBLE REFERENCE

2 Kings 5

MEMORY VERSE

"Anyone who lives
without blame walks
safely. But anyone who
takes a crooked path
will get caught."
Proverbs 10:9 (NIRV)

Programme Breakdown

1. Introduction
2. Praise and Worship (8 min)
3. Lesson Video (10 min)
4. Activities (15 min)
5. Prayer and Reflection

Activity Pages you need:

1. Arrange the Story
2. Colour by Number
3. Let's Go Deeper
4. Prayer and Reflection

Materials you need:

1. Pencil / Pen
2. Colour Pencils
3. A Piece of Paper
4. Scissors

Arrange the Story

Activity Page

Arrange the story in its correct order by writing numbers in ascending order. The first and last one has been done for you.

Naaman was the commander of the army of Aram. He had a terrible skin disease.

1

Naaman was so happy that he offered Elisha many gifts. But Elisha did not want to any, reminding Naaman that it was God who healed Naaman.

But Naaman's servants convinced him to follow Elisha's instructions. So, Naaman dipped seven times in the Jordan River and was healed!

Naaman was angry and upset. He thought Elisha would meet Naaman himself. He was also unwilling to wash himself in the Jordan River because it was dirty.

Gehazi lied to Elisha about taking gifts from Naaman. The result of the lie caused Gehazi and his family to be struck Naaman's skin disease.

8

After Naaman left, Elisha's servant, Gehazi, ran after Naaman. He lied to Naaman that Elisha changed his mind about the gifts. So Gehazi took two bags of silver and clothing from Naaman.

Naaman heard about the prophet, Elisha who might be able to help him. So, Naaman went to the king of Israel, in search of Elisha.

2 Kings 5

Colour by Number

Activity Page

How many times did Elisha's servant tell Naaman to wash himself in the Jordan River? Use the key to colour the squares.

1 = Yellow 2 = Red

1	1	1	1	1	1	1	1	1	1	1	1
1	1	2	2	2	2	2	2	2	2	1	1
1	1	1	1	1	1	1	1	2	2	1	1
1	1	1	1	1	1	1	2	2	1	1	1
1	1	1	1	1	1	2	2	1	1	1	1
1	1	1	1	1	1	2	2	1	1	1	1
1	1	1	1	1	2	2	1	1	1	1	1
1	1	1	1	1	2	2	1	1	1	1	1
1	1	1	1	2	2	1	1	1	1	1	1
1	1	1	2	2	1	1	1	1	1	1	1
1	1	1	2	2	1	1	1	1	1	1	1
1	1	2	2	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1	1	1	1

Let's Go Deeper

Activity Page

Match the verses on the left to the correct scripture reference.
Use your Bible to help you.

Think carefully about the paths that your feet walk on. Always choose the right ways.



Proverbs 10:9

Anyone who hides hatred with lying lips and spreads lies is foolish.



Proverbs 10:18

Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught.



Proverbs 4:26

Using a piece of paper and scissors, cut out the shape of a heart. Crumple the heart shape in your hands. Then, carefully smooth it out.

When we lie to others, we hurt their hearts and they lose trust in us. Like the paper heart, it started off perfect and then it got crumpled.

Even if you are very careful smoothing it out, it will never go back to the way it was before.

When you're not truthful, you lose trust.



Prayer and Reflection

Activity Page

What happens if we're not honest with someone a few times in a row? Write down 2 other possible consequences.

1. We lose his or her trust.

2. _____

3. _____

Living with integrity is difficult on our own. We need God's help for sure. God hears us when we pray and He is with us always.



Dear God, thank You for always being truthful. Help me to be truthful in all I say and do. I want my friends to trust me. I also want my friends to know and trust You too. In Jesus' name, Amen.

Integrity means choosing to be truthful in whatever you say and do.

DAY 1

Read Ephesians 4:25

“Cheaters never win.”

“Honesty is the best policy.”

“Lying lips sink ships.”

Have you heard any of these sayings before?

Honesty is always the best policy because even if you do get in trouble for something you’ve done wrong, being honest about it means less trouble for sure. And lying lips, can tank or sink your relationship with others.

Here’s a little integrity challenge. The next time you’re tempted to do or say something untrue, think about the people around you. **Remember that when you’re not truthful, you lose trust.** Ask yourself if telling that lie or doing something dishonest in the moment will help or hurt your relationships. If it’s hurtful, it’s best to choose integrity instead. And remember, you can always ask God to help you make choices that honor Him and others!

Create your own integrity phrases like the ones above. Try to keep it to five words or less. Share your new integrity slogan with a family member or friend.

DAY 2

Read Luke 6:31

Today’s verse is often called the golden rule. Jesus taught us this rule so we would know how to treat each other. But this is especially true when it comes to integrity! Strong friendships are built on trust.

How would you change the scenarios below so that the person treats you the way you want to be treated? Your sister breaks something of yours. When you ask her what happened, she says she never touched it.

Your best friend passes out invitations to her birthday party at school. It’s the end of the day and you haven’t received one. When you ask her about it, she denies that she passed out invitations at all.

Your friend borrowed your favorite pencil sharpener without asking. When you say something to him, he lies and says he hasn’t seen it.

When it comes to living with integrity this week, make sure you apply the golden rule. **Ask God to help you treat others the way you want to be treated so you build trust!**

*When you’re not truthful,
you lose trust.*



DAY 3

Read Colossians 3:9

Biting your nails.
Brushing your teeth twice a day.
Chewing with your mouth open.
Cleaning up after you're finished.

Habits. We all have them. Some are good and some are just plain bad! Did you know that you can actually change your habits? The best way to break an old habit is to replace it with a new one.

When you become a follower of Jesus, you are a new creation. The old way of doing things, the old way of living should be left behind. So instead of falling into old habits that are dishonest, we should follow Jesus' example. With God's help, we can replace our old habits and choose to be truthful so that others can trust us.

Think back to this past week. Did you fall into the old habit of lying about something to avoid getting in trouble? Ask God to forgive you and to help you make a different choice next time. **And if you've hurt someone with your lie, make sure you ask them for forgiveness too.**

DAY 4

Read 1 John 3:18

What's the difference between saying "I love you" and showing someone you love them? Is it easier to say you love or to show you love?

One big way you can show someone how much you love them is by choosing to be truthful in all you say and do. Just like love is about more than words, integrity is more than just using honest words or telling the truth. It's about our honest actions too. While the words we say are super important (just like saying "I love you" is important), we need to back up those words by being honest in how we live and treat others.

Write a note to yourself by filling in the blanks below. Ask God to help you show love by choosing to be honest in all we say AND do this week.

Dear _____,
(Your name)

Don't just talk about love, show
_____ love by
(Friend/ family member)

(a specific example of integrity)

Then it will truly be love.