

12th July 2020

Overview of Today's Lesson

THEME

Unstuck: Don't give up!

BOTTOM LINE

God gives you what you need to keep going.

BIBLE REFERENCE

Acts 2:1-41

MEMORY VERSE

"Let us not become tired of doing good. At the right time we will gather a crop if we don't give up." Galatians 6:9 (NIRV)

Programme Breakdown

- 1. Introduction
- 2. Praise and Worship (8 min)
- 3. Lesson Video (10 min)
- 4. Activities (15 min)
- 5. Prayer and Reflection

Activity Pages you need:

- 1. True or False?
- 2. Complete the Verse
- 3. Let's Go Deeper
- 4. Prayer and Reflection

Materials you need:

1. Pencil / Pen

True or False?

Activity Page

Based on the Bible story, shade true or false for each statement.

| | | True / False |
|----|--|--------------|
| 1) | All the believers met together in one place on the day of Pentecost. | |
| 2) | Suddenly, a sound like a mighty wind filled the room. | |
| 3) | Only 20 people in the room were filled with the Holy Spirit and began to speak in other languages. | |
| 4) | The believers were suddenly able to speak in other languages because they have learnt it before. | |
| 5) | Some people thought that the believers behaved this way because they were drunk on wine. | |
| 6) | Thomas was the one who spoke to the crowd to say that the believers were not drunk. | |
| 7) | The Holy Spirit is a gift and a promise to all who believe in Jesus Christ. | |
| 8) | About 3,000 people decided to believe in Jesus and got baptized that day. | |

Acts 2:1-41

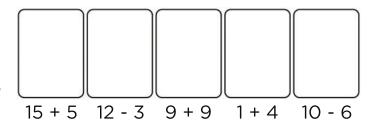


Complete the Verse

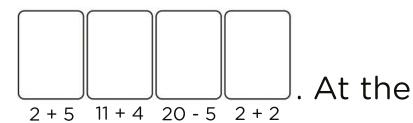
Activity Page

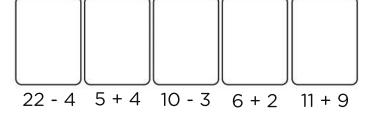
Complete the memory verse by filling in the blanks.

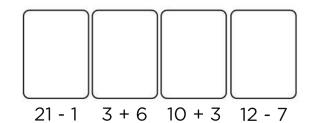
Let us not become



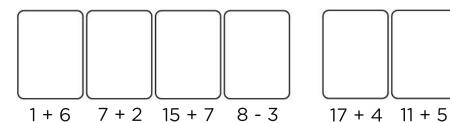
of doing

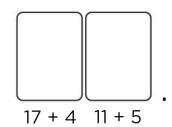


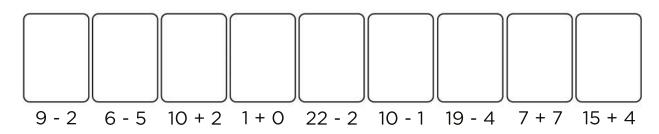




we will gather a crop if we don't







6:9

Don't give up!



Let's Go Deeper

Activity Page

What do these scriptures tell you about the Holy Spirit? Write down what you read and use the helping words to guide you.

An example has been done for you.

| John 14:16-17 Friend and Advocate | John 14:26 |
|-----------------------------------|----------------|
| John 16:13 | Galatians 5:22 |
| Colossians 1:9 | Acts 1:8 |

Helping words:

*The helping words may be used more than once.

Friend and Advocate

Guides us in all truth

Gives us love, joy, peace

Spirit of Truth

Helps us to be patient, kind and faithful

Lives in us

Gives wisdom and understanding

Reminds us of what Jesus says

Gives us power to tell others



about Jesus

Prayer and Reflection

Activity Page

The Holy Spirit gives us power to tell our friends about Jesus. Who do you want to tell about Jesus? Write down the names of 3 friends in school.

| 1 | | | |
|-----------|--|--|--|
| 2 | | | |
| 3. | | | |

Just like how the Holy Spirit helped Peter boldly tell the crowd about Jesus, we need the Holy Spirit to help us.



Dear God, thank You for the promise of the Holy Spirit. I am
 thankful that I have the Holy Spirit to help me with anything.
 Help me to know more about the Holy Spirit through Your Word.
 In Jesus' name, Amen.





Read Philippians 4:13

DAY 1

When Paul wrote the words "I can do all things" was he thinking maybe he could . . . walk through walls or make a gazillion dollars?

Not so fast, friends. When it comes to following God, we have to remember that God has a plan and a purpose for each one of us. So when Paul said, "I can do ALL things," he meant all the things that line up with God's will for him. In other words, God won't ask something of you that He won't help you actually do.

Instead of thinking of this verse in superhero, super-human terms, think about the things God asks of you that are hard to do—like being kind, sharing what you have, or telling the truth. God will give you what you need, when you need it to follow His will for you. Because God gives you what you need to keep going.

Thank God for the promise that He will help you do ALL the things He's asked of you.

Read 2 Corinthians 4:8-9

DAY 2

When Paul wrote these words, he had faced so many hard things just for telling others about Jesus. You can find just a few examples in 1 Corinthians 4:11-13. But Paul reminds us that while others might make us suffer, God never abandons us.

Have you ever seen one of those weighted wobble toys? They're inflated (like a big punching bag) with a weight on the bottom so that when you knock them down, they rise right back up. This is a picture of what Paul is talking about in today's verse. When it comes to following God, you might be knocked down, but you aren't knocked out. God will give you what you need to keep going because He promises He will never leave you.

If you have one of those wobble toys, say the words of the verse as you kick it around and watch it rise again. If you don't have one, ask an adult to help you blow up a balloon. Practice tapping it to keep it in the air as you repeat the words of the verse.

Thank God for the reminder that you can keep going with determination because He will never desert you.



Read Psalm 118:6-8

DAY 3

Has someone ever let you down? Maybe the friend you thought was your "best friend" decided she didn't want to be friends anymore. Maybe someone said something about you that wasn't true or blamed you for something you didn't do to avoid getting trouble.

People let us down all the time because people aren't perfect. Everyone, including you, messes up. And sometimes people hurt us on accident or on purpose.

But God isn't like us. He is perfect, righteous, holy and completely good. We can put all our trust in Him. We can keep doing the right thing when we remember that God is with us and that He will give us what we need to keep going.

Set a timer for two minutes.

Jog in place as you repeat today's verse.

Can you repeat the verse as you jog without giving up?

Ask God to help you keep doing the right thing, no matter what others are doing because He is with you.

Read Exodus 14:14

means to be still and let Him fight for you.

DAY 4

Ever tried the cookie challenge? With an adult's permission, grab a cookie or cracker from the kitchen. Look up at the ceiling, place the cookie on your forehead and then, using only the muscles in your face, move the cookie from your forehead to your mouth. Were you tempted to reach up and grab the cookie to put it in your mouth?

Being still is hard and it was really hard for the Israelites, God's chosen people. They were trapped between the raging Red Sea in front of them and Pharaoh's mighty army coming up fast behind. When Moses spoke these words, he had no idea what God was going to do. And then in one miraculous act, God parted the sea and the Israelites walked forward to freedom.

Being still was probably the last thing the Israelites wanted to do, but they chose to trust God. Sometimes determination requires us to be still, to listen to God and then move when He tells us to move. We need to stop and listen, instead of moving ahead in our own strength.

For a few moments, bow your head and just be quiet. Read today's verse and ask God to help you understand what it

what you need to

