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BE KIND TO ONE ANOTHER



"Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done." Ephesians 4:32

Jesus wants us to show kindness to everyone. It is more than telling someone "I am kind".

3 - 6

Think of a friend or neighbour or sibling whom you can show kindness to. Tell your Dad or Mom his/her name. On a piece of paper, write or draw 3 things you can do to show kindness to this person.

Paste the paper somewhere where you can see everyday.

7 - 12

Think about one person whom you have not been so kind to in the past. You may have thought unkind thoughts or intentionally avoided him/her. This could be someone at school, or in your neighbourhood, or even your sibling.

Challenge yourself to treat them differently. On a piece of paper, write down 3 things you can do to show this person kindness.

When we show kindness to others, we show that we truly care. It also shows that we are generous with our love, like how Jesus is!



Dear God, thank You for showing me kindness, I want to do the same for my family and friends. Help me to be generous with my love. In Jesus' name, Amen.

Parents, use the topic below to start a God-conversation with your children.

Talk about a time when you did a kind act for someone.



EDIBLE GARDEN

MATERIALS NEEDED:



Clear container or cup



Nutella



Oreos (Lots of it!)



1-2 pieces of other biscuit types



1 or 2 ziplock bags



Spoon



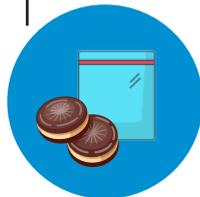
Butter knife



Gummy worms and other types of candy

STEP 3:

Put the Oreos in a ziplock bag. Before sealing the bag, release any excess air. Then, crush the Oreos.



STEP 4:

Gently spread the crushed Oreos on the chocolate base.



STEP 2:

Using a spoon or butter knife, spread a generous layer of Nutella on the base of the container / cup.



STEP 1:

Cover the table with some newspaper.



STEP 5:

Put the other biscuits into a ziplock bag. Similar to the Oreos, crush them after releasing excess air and sealing the bag.



STEP 6:

Its' time to decorate the edible garden using the crushed biscuits, gummy worms, and other candies.



OPTIONAL: Feel free to refrigerate the edible garden for 30 minutes before digging in!