

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**TABLE OF CONTENTS**

<b>LESSON 1</b>	THE BIBLE
<b>LESSON 2</b>	PRAYER (PART 1)
<b>LESSON 3</b>	PRAYER (PART 2)
<b>LESSON 4</b>	MY RESPONSIBILITIES IN THE CHURCH
<b>LESSON 5</b>	SANCTIFICATION
<b>LESSON 6</b>	BAPTISM IN THE HOLY SPIRIT
<b>LESSON 7</b>	DIVINE HEALING
<b>LESSON 8</b>	LIVING BY FAITH
<b>LESSON 9</b>	AS THE SECOND COMING OF CHRIST
<b>LESSON 10</b>	WINNING OTHERS TO CHRIST
<b>LESSON 11</b>	TEMPTATION
<b>LESSON 12</b>	THE LIFE OF VICTORY

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 1 THE BIBLE**

**INTRODUCTION**

The Bible:

**I. CONTENT OF THE BIBLE**

- A. The Bible is made up of 66 books. They are divided into 2 parts.
  - 1. The Old Testament has \_\_\_\_\_ books.  
The New Testament has \_\_\_\_\_ books.
  - 2. 'Testament' means agreement.
  
- B. The main subject of the Bible is \_\_\_\_\_. God's main purpose when He gave man the Bible is to lead him to Jesus Christ and be saved.

**II. WRITER OF THE BIBLE**

- A. Writer of the Bible is the Holy Spirit.
- B. How did the Holy Spirit write the Bible?
  
- C. What does 'inspire' mean?
  - 1. The Bible is the inspiration of God, so it is the breath of God.
  
  - 2. How did the Holy Spirit inspire the writers?
  
  - 3. The Bible states that it is inspired.
    - a. **2 Timothy 3:16**
  
    - b. **2 Peter 1:20-21**
  
  - 4. The Bible is 'verbally and plenary' inspired.



### III. VALUES OF THE BIBLE

It is good for us to read and study the Bible because:

- A. Read **James 1:22-24**.

The Bible shows us the true condition of our heart.

- B. Read **Ephesians 5:26**.

The Bible directs us to Jesus Christ who makes us clean.

- C. Read **Psalms 119:105**.

The Bible guides us like light.

- D. Read **Hebrews 5:12-14** and **Psalms 19:8, 10**.

The Bible feeds us and causes us to grow.

- E. Read **Psalms 19:10**.

The Bible makes us rich in our spiritual lives.

- F. Read **James 1:18** and **1 Peter 1:23**.

The Bible gives us life.

### CONCLUSION

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 2 PRAYER (PART 1)**

**INTRODUCTION**

Prayer is communion with God. God speaks to us through His Word, and we talk to the Lord in prayer.

**I. WHY DO WE PRAY TO GOD?**

A. **Hebrews 11:6**

God exists and He is righteous.

B. **Jeremiah 33:3**

God desires to answer our prayers.

C. **1 Peter 5:7**

God cares about us and our needs.

How do we give our worries to God?

D. **John 15:5**

We need God's help.

**II. HOW DO WE PRAY?**

We must practise the following ways to be effective in prayer.

A. Pray to God the Father (**Matthew 6:9**).



B. Pray in the name of Jesus (**John 14:6; 13-14**).

What does it mean to pray in the name of Jesus?

1. It means to pray in the authority of Jesus that has been given to us.
2. We have to depend on Jesus Christ to bring us to God (**1 Timothy 2:5**).

C. Pray in the Spirit (**Jude 20; Romans 8:26-27**).

How do we pray in the Spirit?

1. We have to depend on the Holy Spirit.
2. Holy Spirit knows the mind of God.
3. We have to ask the Holy Spirit to pray through us when we don't know how to pray.

D. Pray in the will of God (**1 John 5:14-15**).

We must remember 2 things if we want to pray in the will of God.

1. Know what is God's will for us (**James 4:3**).
2. Put ourselves under the will of God (**Matthew 26:42**).

E. Pray in faith and believe.

1. Faith is to trust God (**James 1:6**).

2. Read **Ephesians 3:20**.

F. Pray truly from the heart.

Read **Luke 6:12**.

What can we learn from the fact that the Son of God Himself prayed all night?

G. Not to pray as an outward show (**Matthew 6:5**).

## CONCLUSION

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 3 PRAYER (PART 2)**

**INTRODUCTION**

Why do we pray?

Which one of the 7 ways of prayer gave you the deepest impression?

**I. THE DIFFERENT FORMS OF PRAYER**

A. Adoration

We give God honour and glory because of who He is.

B. Confession

**1 John 1:9**

C. Gratitude

This is to express our thanks to God for what He has done for us, and for who He is to us - Father, Saviour, Comforter etc.

D. Petition

God loves to see us go to Him with our needs.

Note: A good pattern to follow - worship God first, admit any known sin, thank Him, and then tell Him our needs.

**II. THE PROBLEMS OF PRAYER**

Turn to the Bible verses below one at a time and read them.

A. **Isaiah 59:1-2**

God will not answer our prayers if there is sin in our life, unless we admit and turn away from it.

B. **James 4:3**

The motive of our prayer is very important.



C. **Ezekiel 14:3**

We cannot have idols in our life and expect God to answer our prayers.

### III. THE PROMISES OF GOD ON PRAYER

A. God answers the prayers of His children (**John 1:12**)

B. Does God always answer prayer?

Yes. Sometimes His answer is "Yes", sometimes it is "No", and at times it is "Wait".

C. Look at three examples of answered prayers in the Bible.

1. **1 Kings 3:6-14**

2. **2 Kings 19:14-36**

3. **2 Corinthians 12:7-10**

God may answer "No" to our prayer for good reason, and He will give us the grace to accept the "No" answer.

### IV. THE PERFECT PRAYER

Read **Matthew 6:9-13**, this prayer that the Lord taught is divided into 2 parts:

A. **V. 9-10**

This part expresses God's holiness, authority and power.

B. **V. 11-13**

Note: This prayer teaches us to worship the Lord first before we present our needs to Him.

### CONCLUSION

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 4 MY RESPONSIBILITIES IN THE CHURCH**

**INTRODUCTION**

Responsibilities are a part of privileges.

**I. NATURE OF THE CHURCH**

The church is not a building, it is a body (group) of believers.

A. The church is an organism (**Colossians 1:18; 1 Corinthians 12:12-13**)

1. Christ gives life to the church.
  
2. Holy Spirit is the one who puts us into the body of Christ.
  
3. We get our directions from Christ, Head of the church.

B. The church is an organisation (**Ephesians 4:11-13**)

1. Christ is the one who chooses the leaders in the church.
  
2. Leaders in the church have different gifts and ministries.
  
3. The chief leader in a local church is the Pastor.
  
4. Leaders and believers in a local church work toward the same purpose.

**II. PRIVILEGES OF BEING A PART OF THE CHURCH**

A. The church is both universal and local.

1. The universal church
  
2. The local church

Every true Christian must be an active member of a local body of believers.





- B. The privileges of being a part of a local church.
  - 1. The Word of God is consistently taught in the local churches.
  - 2. Believers can regularly come together to worship the Lord.
  - 3. Believers can encourage one another like a big family.
  - 4. Believers can serve the Lord together.
  - 5. Love and care by the pastor and for one another.
  - 6. Discipline and correction for growth in the Lord.

### III. OUR RESPONSIBILITIES IN THE CHURCH

- A. Love the body of Christ (**Ephesians 5:25**).  
How did Christ show His love for us, the church?
  
- B. Attend the church services regularly (**Hebrews 10:25**).
  
- C. Serve Him in the body of Christ (**Ephesians 2:10**).
  
- D. Support the church with our tithes and offerings (**Malachi 3:10; Mark 12:41-44**).
  
- E. All Christians should be good examples (**1 Timothy 4:12**).
  
- F. Help others in church who have needs (**Galatians 6:2**).
  
- G. Learn from the faithful teaching and conduct of our church leaders and obey them (**Hebrews 13:7, 17**).
  
- H. Pray for the church leaders (**2 Thessalonians 3:1-2; Hebrews 13:18**).

### CONCLUSION

May the Lord help us to become responsible members of His Church.

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 5     SANCTIFICATION**

**INTRODUCTION**

How do you feel if someone called you a saint?

Read **2 Corinthians 1:1** and **Philippians 1:1**.

**I.    THE MEANING OF SANCTIFICATION**

To sanctify means

For Christians, it means to be separated from sin to obey God, and to become more like Christ.

**II.   THE SOURCE OF SANCTIFICATION**

Only God the Father (**Jude 1**), Jesus Christ the Son (**Hebrews 13:12**), and the Holy Spirit (**1 Corinthians 6:11**) can sanctify us.

**III.  THE PURPOSE OF SANCTIFICATION (Colossians 3:5-14)**

A.    Put away our old sinful nature.

B.    Live out the new nature that Christ gives to us.

**IV.  THE PROOF OF SANCTIFICATION (Galatians 5:22-23)**

A.    Love, joy, and peace

B.    Patience, kindness and goodness

C.    Faith, meekness, and self-control



## V. THE PROCESS OF SANCTIFICATION

### A. John 17:17

God uses His Word to show us our sins and to point us to Christ.

### B. 1. Prayer and Worship

2. Preaching of the Word of God

3. Fellowship with other believers

### C. Hebrews 12:10

God disciplines us to sanctify us.

### D. 2 Corinthians 6:17

But it is up to us to separate ourselves from sin.

## CONCLUSION

The goal of sanctification is to become like Christ in our holiness.

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 6     BAPTISM IN THE HOLY SPIRIT**

**INTRODUCTION**

Read **Matthew 28:19** and **Luke 3:16**.

1. The baptism in the Holy Spirit is different from the baptism in water.
  
2. Christian leader is the one who helps a believer get baptised in water, but Jesus Christ is the one who baptises a believer in the Holy Spirit

**WHAT IS THE BAPTISM IN THE HOLY SPIRIT?**

- A. What did Jesus call the baptism in the Holy Spirit? (**Luke 24:49**)
  
- B. How do we know that the baptism in the Holy Spirit is important and necessary for Christian to receive? (**Acts 1:4-5**)
  
- C. For whom is the Holy Spirit baptism? What power does it give them? (**Acts 1:8; Luke 24:49**)
  
- D. What was the common experience of those who were baptised in the Holy Spirit? (**Acts 2:4; 10:44-48; 19:1-7**)
  
- E. Whom did Peter preach about? (**Acts 2:36-39**)
  
- F. What was the effect of Peter's message on those who heard him? (**Acts 2:37**)
  
- G. What did Peter tell those who were convicted to do? (**Acts 2:38**)



H. What gift will those who repented receive? (**Acts 2:38**)

I. How do we know 'the promise' that Peter talked about in **Acts 2:39** is baptism in the Holy Spirit?

Read **Acts 1:4-5** and **Luke 24:49**.

J. How do we know that the Holy Spirit baptism is not only for the Apostles and the early Christians but also for us today? (**Acts 2:39**)

K. How can we receive the gift of the Holy Spirit? (**Luke 11:9-13**)

We must know 3 things clearly:

1. God is our Heavenly Father (**John 1:12-13; 3:3**)
2. God our Heavenly Father wants to give us the Holy Spirit when we ask Him (**Luke 11:13**)
3. Ask in faith and receive.

## CONCLUSION

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 7    DIVINE HEALING**

**INTRODUCTION**

The Bible teaches that there is healing for our spirit, soul and body.

**I.    DIVINE HEALING IS PART OF THE GOSPEL**

**A.    Matthew 8:16-17**

1.    Sickness is a result of sin.
  
2.    Christ came to set people free from Satan's power.
  
3.    Read **Luke 9:1-2**.

**B.    Mark 16:15-20**

1.    One of the signs that will follow believers of the Gospel:
  
2.    The Gospel is for all time until Jesus returns.
  
3.    The Gospel heals both physical body and soul.
  
4.    **Mark 16:20** is still true today.

Jesus does miracles and heals the sick to prove that what His people preach is the truth.



## II. DIVINE HEALING IS GIVEN TO US IN THE ATONEMENT

A. Atonement is the death of Christ on the cross to save men from sin and death.

1. Healing is part of the atonement.

2. Jesus is the atonement.

3. We depend completely on the finished work of Christ on the cross when we pray for the sick to be healed.

B. Read **Isaiah 53:4-5** and **1 Peter 2:24-25**.

God cares for us and wants to heal the complete person in us, that is our body, soul, and spirit.

## III. DIVINE HEALING IS THE PRIVILEGE OF EVERY BELIEVER

A. Read **James 5:14-17**.

B. The believers of early church prayed for those believers who were sick.

C. What kind of prayer will make a sick person well (**James 5:15**)?

D. **1 John 1:9**

A believer must confess and repent of his sin, so that God can forgive him if it was sin that caused him to be sick

## CONCLUSION

1. We can expect both divine healing and divine health.
2. Salvation includes both spiritual and physical healing.
3. Divine healing of the physical body is for us today.

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 8    LIVING BY FAITH**

**INTRODUCTION**

Forsaking  
All (1 Thessalonians 1:9)  
I (me)  
Trust  
Him (Acts 16:30-31).

The Christian life is a life of continuous faith in our Lord Jesus Christ.

**I. WE RECEIVE GOD'S GIFT OF SALVATION BY FAITH**

A. Read **Ephesians 2:8-9**, look at the words 'grace' and 'faith'.

1. Grace is

2. Faith is

3. God has given salvation as a free gift to everyone, but it must be received by faith.

B. Read **Romans 1:16**.

**II. WE GROW IN OUR CHRISTIAN LIFE BY FAITH**

A. Read **Romans 1:17**.

1. Salvation is by faith.

2. The same faith that saved us is the same faith that will help us stand strong to the end.

B. Read **Galatians 3:1-11**.

We are not saved partly by grace and partly by law.





### III. WE PLEASE GOD BY FAITH

A. Read **Hebrews 11:6**.

1. We must have faith to please God.
2. This faith is based on the belief that our God exists and He is righteous.

B. Read **Hebrews 11:5**.

1. This is a good example of a man of faith.
2. We can walk in the Lord's way by faith, like Enoch.

### IV. WE RECEIVE GOD'S ANSWER TO PRAYER BY FAITH

A. **Mark 11:24**

How should we pray so that God will answer our prayers?

B. **James 1:5-6**

### V. BY FAITH WE DO GOOD WORKS TO PROVE WE KNOW GOD

A. **James 1:27; 2:20-26**

True faith in God always shows itself in good works.

B. **Hebrews 6:10**

Does He know when we serve in the church and do good to our brothers and sisters in Christ?

### CONCLUSION

Read **Galatians 2:20**.

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 9 THE SECOND COMING OF CHRIST**

**INTRODUCTION**

There is a 'blessed hope' for Christians. This hope is the second coming of Christ (**Hebrews 9:28**).

**I. THE PROMISE OF HIS SECOND COMING**

A. **John 14:1-3**

The Lord Jesus Christ Himself promised that He will return to take us with Him.

B. **Acts 1:9-11**

Two angels came and gave the same promise that Christ will return.

**II. THE PURPOSE OF HIS SECOND COMING**

A. Jesus will judge the works of the believers (**Romans 14:10; 2 Corinthians 5:10**).

Christ will judge our motives and faithfulness in serving Him.

B. Jesus will establish His kingdom on earth for 1000 years (**Luke 1:32-33; Revelation 20:1-6**).

C. Jesus will judge the nations (**Matthew 25:32, 46**).

When Jesus returns, He will separate the believers from the non-believers forever.

D. Jesus will destroy death completely (**1 Corinthians 15:24-26**).

He will completely destroy death for the believers when He returns to give us new bodies that will never die.

E. Jesus will complete His saving work in the believers (**Romans 8:23**).

Paul was talking about the redemption of our bodies in this verse.



### III. THE PEOPLE WHO WILL MEET HIM AT HIS RETURN

#### A. 1 Thessalonians 4:16-17

1. People who are 'in Christ'.
2. Meet Christ 'in the air'.

#### B. 2 Timothy 4:8; Hebrews 9:28

Those who eagerly 'wait' are the believers who are ready to meet Christ any time He returns.

### IV. WHAT SHOULD WE BE DOING WHEN WE WAIT FOR HIS RETURN?

#### A. Mark 13:33; 14:38

1. Watching and praying will prepare us for His coming.
2. Busy doing the Lord's work while we watch and pray (Luke 19:13; Acts 1:8).

#### B. 1 John 3:1-3

The promise of Christ's return gives us hope and strength to live holy lives.

### CONCLUSION

There are increasing signs all over the world that point to the second coming of Christ. Be ready!

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 10    WINNING OTHERS TO CHRIST**

**INTRODUCTION**

How do we win others to Christ?

**I.    WHAT DOES THE BIBLE SAY ABOUT WITNESSING?**

Matthew 28:16-20

- A.    Witnessing is a command from Christ to the church.
  
- B.    This work is for all Christians.
  
- C.    The purpose of witnessing:
  
- D.    The Gospel is for everyone.

**II.   HOW DO WE PREPARE FOR WITNESSING?**

- A.    Pray that God will guide us to meet the right person
  
- B.    Be separated from the world (**John 17:11, 16**)
  
- C.    Be prepared to do whatever the Lord tells us (**Acts 8:29-30**).
  
- D.    Have love and mercy
  
- E.    Use tact when we talk
  
- F.    Have courage and be confident
  
- G.    Allow the Holy Spirit to guide us
  
- H.    Have a good knowledge of the Word of God



### III. WHERE TO START WITNESSING?

- A. We should begin where we are (**Acts 1:8**).
  
- B. A person who desires to be a witness in another country must start to be a witness at home first.

### IV. HOW TO DO WITNESSING?

There is a general way we can follow for witnessing.

Read **Acts 8:26-40**.

- A. Philip opened his mouth (**v. 35**).

Though we can be a witness to people through our actions and lives, there will come a time when we have to verbally share the Gospel with them.

- B. We must use the Word of God to present Christ.
  
- C. Philip asked firmly but gently for a decision.
  
- D. Philip led the new believer to admit his new faith openly by water baptism.

### CONCLUSION

Proverbs 11:30

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 11    TEMPTATION**

**INTRODUCTION**

“You cannot stop birds from flying over your head, but you can stop them from building a nest in your hair.” - a Chinese saying.

**I.    WHAT IS TEMPTATION?**

A.    Read **1 Peter 1:6-7**.

1.    A ‘trial’ is a trouble or suffering that God allows to test our faith.
  
2.    But a temptation is

B.    Temptation is an enticement that causes a desire to rise up in a person so as to lead him to sin (**James 1:14**).

**II.   THE SOURCE OF TEMPTATION**

Temptation comes from inside ourselves and outside.

A.    From our sinful human nature (**James 1:14**).

B.    From Satan and the World (**Matthew 4:1; 18:7**).

**III.  THE REASON FOR TEMPTATION**

Read **James 1:12**.

There is a reward promised to those who overcame temptations.

**IV.  PROTECTION AGAINST TEMPTATION**

Read **1 Corinthians 10:13** and **2 Peter 2:9**.

- A.    God helps us and protects us when we are tempted.
- B.    God knows how to save us from temptation.
- C.    So we need not give in to temptation.



#### **V. THE BELIEVER HAS A FRIEND WHEN HE IS TEMPTED**

- A. Read **Hebrews 2:18** and **4:15-16**.
  
- B. Christ is always praying to the Father for us.  
Read **Luke 22:31-32** and **John 17:15**.

#### **VI. WHAT MUST WE DO WHEN WE ARE TEMPTED?**

- A. Hold on to our faith in the Lord that will help us stand firm.  
Read **Ephesians 6:16** and **1 Peter 5:8-9**.
  
- B. Our prayer will guard us against temptation.  
Read **Matthew 26:41**.
  
- C. We should not cause other believers to sin, especially those who are weaker in faith.  
Read **Romans 14:13**.

#### **CONCLUSION**

What can a Christian do when he has given in to temptation?

1. Give up his Christian life completely?
  
2. Read **1 John 1:7, 9**.

**VICTORY FAMILY CENTRE  
LIFE IN THE WORD - LEVEL I  
FOUNDATIONS OF NEW LIFE II  
STUDENT'S NOTES**

**LESSON 12 THE LIFE OF VICTORY**

**INTRODUCTION**

How can a Christian live a life of victory?

**I. THE DIVINE STANDARD OF VICTORY**

- A. Read **Hebrews 12:14**, **1 Thessalonians 4:7**, **2 Corinthians 7:1** and **Ephesians 1:4**.

God wants us to have victory over sin and live a holy life.

- B. God has made it possible for us to have this victory:

1. Read **Romans 7:21-25**.

This victory is through our Lord Jesus Christ.

2. Read **Romans 12:1**.

We must offer our bodies as living sacrifices to God.

3. Read **Galatians 2:20**.

Let Christ live His life in and through us.

**II. THE DIVINE WAYS TO HAVE VICTORY**

- A. Faith in Jesus Christ will give us victory over the world (**1 John 5:4-5**).

- B. Jesus used the Word of God (**Matthew 4:2-10**; **Ephesians 6:17**).

- C. Let the Holy Spirit be in control of our lives (**Ephesians 5:18**).





### III. THE BELIEVER'S PART IN RECEIVING THE LIFE OF VICTORY

- A. We must be made clean by the blood of Jesus Christ (1 John 1:7, 9).
  
- B. Every area of our life given to God (Romans 6:13).
  
- C. No Christian can have victory without a fight (2 Timothy 4:7).
  
- D. We must live as a child of God who is filled with the Holy Spirit.

### CONCLUSION

God has given the victory of Christ to be every Christian's victory.